



2023 Arnold Classic Pro Wheelchair

CONTACT

Nick Scott
Arnold Classic Pro Wheelchair Chairman
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COMPETITION LOCATION

Columbus Convention Center
Arnold Expo Stage
400 North High Street
Columbus, OH 43215
USA

DATE & TIME

PREJUDGING & FINALS
Saturday, March 4, 2023
10:00 am - 11:00Am

HOST HOTEL

Hyatt Regency Columbus
350 North High Street
Columbus, OH 43215
USA
More Hotels: www.ArnoldSports.com/Hotels

TRANSPORATION - AIPORT TO HOTEL TO AIRPORT

\$100 Total: \$50 to hotel and \$50 from hotel to airport
*Athlete will receive at meeting

ATHLETE MEETING

Date: Thursday, March 2, 2023
Time: 5:30 pm – 6:00 pm
Location: Hilton Columbus Downtown
Room: Tower 2; Pheoris West A and B 3rd Floor
402 N High St, Columbus, OH 43215, USA



PER ATHLETE

- Each athlete will receive \$50 a day per diem for Friday, Saturday and Sunday. \$150 total.
- Each athlete will come up to receive an athlete packet containing weekend information, their badge and their show support badge, 1 VIP ticket package for the athlete.
- The athlete order will be determined this coming week by conducting a random Kelly Ball drawing. The order is not announced until the athlete meeting.
- Athletes will receive numbers and safety pins at the meeting.
- Athletes will sign talent release forms at the athlete meeting.
- Each wheelchair athlete will be allowed to have 1 person backstage with them.

TANNING

- Official Tanner: ProTan
*Athletes were informed months prior, with many follow ups

MUSIC

2 mins 30 secs max per athlete - **No profanity, this is a family event**

*Athletes should have already uploaded music to dropbox link

SCHEDULE/TIME OF EVENT

60 Minute Time Schedule from 10:00 am -11:00 am

0:00 – 3:00 – Opener

3:00 – 13:00 – Judging (Quarter Turns & Mandatory Poses)

13:00 – 40:00 – Individual Routines (Max: 2 Mins 30 Secs per athlete)

40:00 – 42:00 – Posedown

42:00 – 45:00 – Jen's Award & Speech

45:00 – 51:00 – Awards

51:00 – 53:00 – Group Pics

53:00 – 56:00 – Winner's Speech

56:00 – 58:00 – Closing Speech



Q&A - FIRST SET

- **Q1 - Can they wear earrings?**
IFBB Professional League - YES
- **Q2 - Can they wear rings on their hand?**
IFBB Professional League - YES
- **Q3 - One guy wears rings in his hair like small rings gold/silver is that ok?**
IFBB Professional League - NO (this would be considered “ornamentation”)
- **Q4 - One guy asked if he can wear a different color contact like Yellow or Red or something like that?**
IFBB Professional League - There is no rule covering contact lenses.
- **Q5 - Can their pants have any wording on them? Can their pants be different colors or 1 solid color?**
IFBB Professional League - The pants cannot contain any “commercial advertising and/or endorsement” and must be made of a “solid, non-distracting color, made from cloth fabric, which are clean and decent”.
- **Q6 - With the back of their wheelchair, can they have anything on the back of the chair like or do you want it a solid color.**
IFBB Professional League - Same rule prohibiting commercial advertising and/or endorsements applies.
- **Q7 - Does the person backstage with them have to purchase a ticket?**
ARNOLD CLASSIC - Nick will give you two tickets for each competitor. So each one can have one person.



Q&A - SECOND SET

- **Q1 - In image #1 the pants are solid on the front but it has that on the side, is that ok or do the pants need to be completely solid?**
IFBB Professional League - OK



- **Q2 - In image #2 the pants has a small letters of the NPC on the front, is that ok or do the pants need to be completely solid?**
IFBB Professional League - OK





- **Q3 - In image #3 the pants are camouflage, is that ok or do the pants need to be completely solid?**
IFBB Professional League - OK



- **Q4 - In image #4 there is that black display on the outside of the wheel, is that ok or does the athlete(s) need to remove that so it is just the spokes (wires) on the inside of the wheel?**
IFBB Professional League - OK





- **Q5 - In image #5 does the athlete need to have a completely solid back of the back of the wheelchair or is a personal website ok? In the image I am just using this athlete's chair as an example, that athlete has a solid back on his chair for the show. IFBB Professional League - OK**

